



FORMULA 80 Chocolate

- Blend of 4 high-quality proteins: Casein, Milk, Whey, Egg for fast, medium and slow release
- Enriched with Vitamins + Minerals
- Ideal for those dieting as this formula keeps you fuller for longer
- Suitable for vegetarians
- Aspartame free



NUTRITION VALUES:

Nutrition Information per	100 g	% NRV*	30 g in Milk**	% NRV*	30 g in Water***	% NRV*
Energy	1591kJ/ 375 kcal		1081 kJ/ 256 kcal		477 kJ/ 113 kcal	
Fat	2,4 g		5,22 g		0,7 g	
- of which saturates	1,4 g		3,8 g		0,4 g	
Carbohydrate	7,6 g		16 g		2,3 g	
- of which sugars	1,0 g		15 g		0,3 g	
Dietary Fibre	2,5 g		0,8 g		0,8 g	
Protein	78 g		34 g		23 g	
Salt	0,18 g		0,43 g		0,05 g	
Vitamin B6	6,13 mg	437	1,98 mg	141	1,84 mg	131

*Nutrient Reference Value; **Per serving 30 g in 300 ml of semi-skimmed milk (1,5 % fat); ***Per serving 30 g in 300 ml water

INGREDIENTS:

59% **calcium caseinate (milk)**, 15% **milk** protein isolate, 8% cocoa powder (low fat), 15% whey protein concentrate (**milk**), emulsifier (sunflower lecithin), 2% dried hen **egg** albumen, flavouring, rapeseed oil, sweeteners (acesulfame K, sucralose), vitamin B6. **May contain traces of soy.**

RECOMMENDED USAGE:

Powder for preparation of a protein-rich beverage with vitamin B6 and sweeteners. To prepare: Mix 30g of powder (3 heaped tablespoons) with semi-skimmed milk (1,5%fat) or water. This product should be taken as part of a varied and balanced diet and in conjunction with a healthy lifestyle.

FLAVOUR:

Chocolate

PACKING:

Content: 510g e