



EST. 1977

# 100% WHEY ISOLATE PROTEIN French Vanilla

- High level of protein - 85 % purest Whey Isolate Protein to support lean definition and muscle growth
- Native, un-denatured Whey Protein, ultrafiltered.
- Instantized for excellent solubility, easy to digest.
- Low in sugar and fat: Only 2,7% Carbs, 1,2% Fat
- High BCAA (6,5 g per serving)
- Suitable for vegetarians
- Gluten-free
- Aspartame free

## NUTRITION VALUES:

Nutrition Information per	100 g	30 g*
Energy	1535 kJ /362 kcal	470 kJ/111 kcal
Fat	1.2 g	0.4 g
- of which saturates	0.7 g	0.2 g
Carbohydrate	2.7 g	0.8 g
- of which sugars	0.5 g	0.2 g
Protein	85 g	26 g
Salt	0.50 g	0.15 g
BCAA (Leucine, Isoleucine, Valine)	21.7 g	6.5 g

\*per 30 g serving when mixed with 150-200 ml of water

## INGREDIENTS:

98% instantized whey protein isolate (**milk**), emulsifier (sunflower lecithin), flavouring, sweeteners (sodium cyclamate, sodium saccharin, acesulfame K), rapeseed oil. **May contain traces of egg and soya.**

## RECOMMENDED USAGE:

Instantized whey protein isolate powder drink. With sweeteners. To prepare: Mix 30g of powder (3 heaped measuring spoons) with 150-200 ml of water. Directions for use: Take 1-3 servings per day. This product should be taken as part of a varied and balanced diet and in conjunction with a healthy lifestyle.

## FLAVOUR:

**French Vanilla**

## PACKING:

**Content: 725g e**

