



EST. 1977

# FORMULA 80 Vanilla

- Blend of 4 high-quality proteins: Casein, Milk, Whey, Egg for fast, medium and slow release
- Enriched with Vitamins + Minerals
- Ideal for those dieting as this formula keeps you fuller for longer
- Suitable for vegetarians
- Aspartame free



## NUTRITION VALUES:

Nutrition Information per	100 g	% NRV*	30 g in Milk**	% NRV*	30 g in Water***	% NRV*
Energy	1603 kJ/ 378 kcal		1081 kJ/ 256 kcal		481 kJ/ 113 kcal	
Fat	1,8 g		5,6 g		0,5 g	
- of which saturates	1,0 g		3,6 g		< 0,5 g	
Carbohydrate	9,4 g		16 g		2,8 g	
- of which sugars	4,5 g		16 g		1,4 g	
Protein	80 g		34 g		24 g	
Salt	0,28 g		0,43 g		0,08 g	
Vitamin B6	5,16 mg	368	1,69 mg	120	1,55 mg	110

\*Nutrient Reference Value; \*\*Per serving 30 g in 300 ml of semi-skimmed milk (1,5 % fat); \*\*\*Per serving 30 g in 300 ml water

## INGREDIENTS:

66% **calcium caseinate (milk)**, 14% **milk** protein isolate, 9,5% whey protein concentrate (**milk**), emulsifier (sunflower lecithin), protein enriched whey powder (**milk**), 2% dried hen **egg** albumen, flavouring, rapeseed oil, sweeteners (acesulfame K, sucralose), colour (beta-carotene), vitamin B6. **May contain traces of soy.**

## RECOMMENDED USAGE:

**Powder for preparation of a protein-rich beverage with vitamin B6 and sweeteners. To prepare: Mix 30g of powder (3 heaped tablespoons) with semi-skimmed milk (1,5%fat) or water. This product should be taken as part of a varied and balanced diet and in conjunction with a healthy lifestyle.**

## FLAVOUR:

**Vanilla**

## PACKING:

**Content: 510g e**