



100% PURE WHEY PROTEIN Cookies & Cream



- High level of protein - 80% high quality Whey Protein Complex (Isolate primary source) to support lean muscle growth.
- Native, un-denatured Whey Protein, ultrafiltered.
- Instantized for excellent solubility, easy to digest.
- Only 4% Carbs.
- High BCAA (5,7g per serving) + Glutamine (3,8g per serving) levels.
- Vitamin B6 contributes to a normal protein metabolism and the regulation of hormonal activity.

NUTRITION VALUES:

Nutrition Information per	100 g	% NRV*	30 g**	% NRV*
Energy	1581 kJ / 372 kcal		469 kJ / 110 kcal	
Fat	3,9 g		1,2 g	
- of which saturates	2,3 g		0,7 g	
Carbohydrate	6,3 g		1,9 g	
- of which sugars	2,7 g		0,8 g	
Dietary Fibre	0,4 g		0,1 g	
Protein	78 g		23 g	
Salt	1,49 g		0,45 g	
Vitamin B6	5,71 mg	408	1,71 mg	122
BCAA (Leucine, Isoleucine, Valine)	18,8 g		5,6 g	

*Nutrient Reference Value; **per 30 g serving when mixed with 200ml of water

INGREDIENTS:

94% Instantized Whey Protein Blend (Whey Protein Isolate (**Milk**), Whey Protein Concentrate (**Milk**), Whey Protein Hydrolysate (**Milk**)), 2,5% Cocoa Biscuits (Corn Flour, Potato Starch, Sugar, Palm Oil, Fat Reduced Cocoa Powder, Dextrose, Tapioca Starch, Skimmed Milk Powder, Natural Bourbon Vanilla Extract, Natural Flavouring, Salt, Emulsifier (**Soya** Lecithin), Raising Agent (Ammonium Bicarbonate, Sodium Hydrogen Carbonate)), salt, flavouring, emulsifier (sunflower lecithin), sweeteners (sodium cyclamate, sodium saccharin, acesulfame K), Thickeners (Guar Gum, Xanthan Gum), rapeseed oil, Vitamin B6. **May contain traces of egg and soya.**

RECOMMENDED USAGE:

To prepare: Mix 30g of powder with 200 ml of water. Directions for use: Take 1 serving per day. This product should be taken as part of a varied and balanced diet and in conjunction with a healthy lifestyle.

FLAVOUR:

Cookies & Cream

PACKING:

Content: 450g, 2000g e