



EST. 1977

# FIT PROTEIN

## Banana

- 54g of Protein
- Only 0,7g of fat
- 54g carbs per bottle
- Optimal for muscle building & regeneration
- Creamy & tasty



### NUTRITION VALUES:

Nutrition Information per	100 ml	500 ml
Energy	371 kJ/ 87 kcal	1856 kJ/ 438 kcal
Fat	<0,5 g	0,7 g
- of which saturates	<0,1 g	0,4 g
Carbohydrate	11 g	54 g
- of which sugars	11 g	54 g
Protein	11 g	54 g
Salt	0,11 g	0,54 g

### INGREDIENTS:

91% Skimmed **milk** retentate (from concentrating milk protein by ultrafiltration), Sucrose, 3,2% **milk** protein, flavouring, colours (riboflavin, beta carotene), stabiliser: carrageenan.

### RECOMMENDED USAGE:

Protein drink made of skimmed milk retentate (from concentrating milk protein by ultrafiltration) and added milk protein. Heat treated (sterilised). Instructions for use: Drink one serving a day, preferably after sports. Protein contributes to a growth in muscle mass. Shake well before opening. Once opened, store in a cool place and consume within 24 hours. This product should be taken as part of a varied and balanced diet and in conjunction with a healthy lifestyle.

### FLAVOUR:

**Banana**

### PACKING:

**Content: 500ml e**