



100% PURE WHEY PROTEIN

Banana Mango



- High level of protein - 80% high quality Whey Protein Complex (Isolate primary source) to support lean muscle growth.
- Instantized for excellent solubility, easy to digest.
- Only 5% Carbs.
- High BCAA (5,7g per serving) + Glutamine (3,8g per serving) levels.
- Vitamin B6 contributes to a normal protein metabolism and the regulation of hormonal activity.

NUTRITION VALUES:

Nutrition Information per	100 g	% NRV*	30 g**	% NRV*
Energy	1619 kJ/382 kcal		486 kJ/115 kcal	
Fat	4,4 g		1,3 g	
- of which saturates	3 g		0,9 g	
Carbohydrate	4,8 g		1,4 g	
- of which sugars	3,1 g		0,9 g	
Dietary Fibre	0,6 g		0,2 g	
Protein	80 g		24 g	
Salt	1,27 g		0,38 g	
Vitamin B6	5,47 mg	391	1,64 mg	117
BCAA (Leucine, Isoleucine, Valine)	19,1 g		5,7 g	

*Nutrient Reference Value; **per 30 g serving when mixed with 200ml of water

INGREDIENTS:

97% Instantized Whey Protein Blend (Whey Protein Isolate (**Milk**), Whey Protein Concentrate (**Milk**), Whey Protein Hydrolysate (**Milk**)), flavouring, emulsifier (sunflower lecithin), salt, sweeteners (sodium cyclamate, sodium saccharin, acesulfame K), colour (beta-carotene), rapeseed oil, Thickeners (Guar Gum, Xanthan Gum), Vitamin B6. **May contain traces of egg and soya.**

RECOMMENDED USAGE:

To prepare: Mix 30g of powder (3 measuring spoons) with 200 ml of water. Directions for use: Take 1 serving per day. This product should be taken as part of a varied and balanced diet and in conjunction with a healthy lifestyle.

FLAVOUR:

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PACKING:

Content: 450g, 2000g e