



EST. 1977

100% WHEY ISOLATE PROTEIN

French Vanilla

- High level of protein - 85 % purest Whey Isolate Protein to support lean definition and muscle growth
- Native, un-denatured Whey Protein, ultrafiltered.
- Instantized for excellent solubility, easy to digest.
- Low in sugar and fat: Only 1.5% Carbs, 1% Fat
- High BCAA (6.7g per serving)
- Suitable for vegetarians
- Gluten-free
- Aspartame free

NUTRITION VALUES:

| Nutrition Information per | 100 g | 30 g* |
|------------------------------------|-------------------|-----------------|
| Energy | 1535 kJ /362 kcal | 470 kJ/111 kcal |
| Fat | 1.2 g | 0.4 g |
| - of which saturates | 0.7 g | 0.2 g |
| Carbohydrate | 2.7 g | 0.8 g |
| - of which sugars | 0.5 g | 0.2 g |
| Protein | 85 g | 26 g |
| Salt | 0.50 g | 0.15 g |
| BCAA (Leucine, Isoleucine, Valine) | 21.7 g | 6.5 g |

*per 30 g serving when mixed with 150-200 ml of water



INGREDIENTS:

98% instantized whey protein isolate (**milk**), emulsifier (sunflower lecithin), flavouring, sweeteners (sodium cyclamate, sodium saccharin, acesulfame K), rapeseed oil. **May contain traces of egg and soya.**

RECOMMENDED USAGE:

Instantized whey protein isolate powder drink. With sweeteners. To prepare: Mix 30g of powder (3 heaped measuring spoons) with 150-200 ml of water. Directions for use: Take 1-3 servings per day. This product should be taken as part of a varied and balanced diet and in conjunction with a healthy lifestyle.

FLAVOUR:

French Vanilla

PACKING:

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