



# 50g High Protein Shake Vanilla

- 50g of protein per bottle
- Only 2g of fat
- Reduced in carbs

## NUTRITION VALUES:

| Nutrition Information per | 100 ml           | 500 ml             |
|---------------------------|------------------|--------------------|
| Energy                    | 245 kJ / 58 kcal | 1225 kJ / 290 kcal |
| Fat                       | 0.2 g            | 1.0 g              |
| - of which saturates      | 0.1 g            | 0.5 g              |
| Carbohydrates             | 4.0 g            | 20 g               |
| - of which sugars         | 4.0 g            | 20 g               |
| Protein                   | 10 g             | 50 g               |
| Salt                      | 0.18 g           | 0.90 g             |

## INGREDIENTS:

90% Skimmed **milk**, 8% **milk** protein, water, flavouring, stabilizers (cellulose, cellulose gum, carrageenan), sweetener (sucralose), colour (riboflavin).

## RECOMMENDED USAGE:

Milk based drink made from skimmed milk with added milk proteins and sweetener, ultra heat-treated. French Vanilla flavour. Shake well before opening. Once opened, store in a cool place and consume within 24 hours.

## FLAVOUR:

Vanilla

## PACKING:

Content: 500ml e



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